

OET LISTENING SAMPLE TEST

Questions 1-42

This test has three parts. You will hear each extract once only. Complete your answers as you listen, then allow two minutes at the end to check your answers.

Part A

You will hear two different extracts. In each extract, a health professional is talking to a patient. For questions 1 to 24, complete the notes with information you hear.

Extract 1: Questions 1 to 12

You hear a dialogue between a patient, Cassandra, and Dr Smith, a psychologist. For questions 1 to 12, complete the notes with a word or short phrase.

Patient: Cassandra Harris (prefers to be called 1) _____

- Email: Has seen many mental health professionals, but wants to try a new one

Patient information

- 30 years old
- Works as a 2) _____ (remotely)
- No siblings
- Marital status: 3) _____

Symptoms

- Depression and anxiety - patient attributes symptoms to 4) _____
- Patient lives a solitary life and has drifted from friends
- Patient believes she has some 5) _____
- Lack of desire to meet new people or leave home
- Suffers from a specific phobia related to 6) _____ (describes fear as intense)
- Patient wants to overcome this for a future engagement (must move mother to an 7) _____)

Phobia details

- Began five years ago
- Suffered from a 8) _____ and received medical assistance immediately
- Has been avoiding these situations ever since

Medical history, medications and treatments

- High cholesterol - takes a 9) _____ for maintenance under doctor's orders
- 50 mg Xanax when needed, but wants to stop because concerned about 10) _____
- Past phobia treatment: 11) _____ therapy
- Patient is not satisfied with results and was also offered self-help books
- Stresses need to become unblocked from 12) _____ prohibiting her from enjoying life

Improve your OET Listening score with Benchmark

Use this paper to practise the full 42-question format. If Listening is costing you marks, move next into timed listening practice with answer review and sub-test strategy.

OET Listening course	Build accuracy across Part A notes, Part B workplace extracts and Part C presentations with guided practice and review. edubenchmark.com/oet-listening-tests
OET online course	Structured preparation for Reading, Listening, Writing and Speaking, with timed practice for paper, computer and OET@Home candidates. edubenchmark.com/course/oet
OET mock tests	Use realistic timed mock tests to check readiness and identify the sub-test that needs most attention before exam day. edubenchmark.com/course/oet-mock-tests
OET Writing correction	Get profession-specific feedback on purpose, content, organization, language and tone. edubenchmark.com/oet-writing-correction
OET Speaking practice	Role-play mock practice with feedback on intelligibility, fluency, relationship building and clinical communication. edubenchmark.com/oet-speaking-practice

Listening practice: edubenchmark.com/oet-listening-tests

Extract 2: Questions 13 to 24

You hear a conversation between a physical therapist and a patient named John. For questions 13 to 24, complete the notes with a word or short phrase.

Patient: John Fitzgerald

Problem and reasons for visit

- Underwent ankle surgery six weeks ago
- Specifics: 13) _____ surgery to repair a 14) _____
- 15) _____ were also extracted due to pain
- Pain management: 16) _____ of Tramadol as needed - around one tablet every eight hours - patient feels a noticeable difference, but is still reluctant to apply 17) _____ on limb due to discomfort

Challenges

- Mobility is difficult - patient notes a feeling that is 18) _____ and associates pain with movement
- Patient is currently unable to move without crutches and employs use of a 19) _____ to sustain himself physically
- Prior to surgery, patient sustained only intermittent 20) _____ from athletics without any other issues

Post-surgery compliance

- Patient attempts to 21) _____ leg as recommended and keep up with exercises
- Patient describes efforts as challenging
- Moving ankle in a 22) _____ hurts
- Patient cannot 23) _____ his foot in a certain direction without painful sensation

Patient's goals

- Wants to walk independently without the use of support
- Patient must attend a 24) _____ in three months and wants independent movement by then

Part B

You will hear six different extracts. For questions 25 to 30, choose the answer (A, B or C) which fits best according to what you hear. You will have time to read each question before you listen.

25. You hear a doctor and a nurse discussing a patient on their ward. Which of the following does the doctor wish to emphasize for the patient's recovery?

- A. Sticking to a pain management plan
- B. Adhering to light meals post-recovery
- C. Maintaining a regular medication plan

26. You hear part of a surgical team's briefing. Which of the following issues occurred previously, as mentioned by the doctor?

- A. Insufficient preparation for patients
- B. Uncertainty regarding staff in the operating ward
- C. Unsigned consent forms

27. You hear a hospital coordinator discussing a program. Which of the following points is mentioned regarding immunocompromised patients?

- A. Animal-assisted therapies can decrease these patients' anxiety by 37%.
- B. Pet therapy can decrease these patients' self-reported levels of anxiety.
- C. Pet therapy must be closely monitored to eliminate chances of major infection.

28. You hear a conversation between two pharmacists regarding a patient's prescription. Which of the following represents the decision reached by the pharmacists?

- A. To inform the patient of new side effects
- B. To find a provisional solution
- C. To wait for the patient's doctor to return

29. You hear a conversation between a paediatrician and a patient's parent. Which of the following is the immediate course of action advised by the doctor?

- A. An appointment in the medical office
- B. A remote appointment
- C. A corticosteroid cream

30. You hear a conversation between an orthodontist and a nurse. Which of the following is a cause for concern regarding the patient's history?

- A. Adhesive retention
- B. Crowding issues
- C. Age and prior illnesses

Part C

You will hear two different extracts. In each extract, you will hear health professionals talking about aspects of their work. For questions 31 to 42, choose the answer (A, B or C) which fits best according to what you hear.

Extract 1: Questions 31 to 36

You hear an interview between a television host and an oncologist specializing in metastatic melanoma. You now have 90 seconds to read questions 31 to 36.

31. What does Dr Greentree state pertaining to the perception of the terminology skin cancer?

- A. It could seem trivial compared to other types of cancers.
- B. It could lead to a false sense of worry.
- C. It is crucial to spread awareness about its prevention.

32. Dr Greentree mentions that one obstacle regarding the diagnosis of metastatic melanoma could be

- A. Unclear biopsies at early stages
- B. Unreliable dermatological examinations
- C. Visible manifestations only at later phases

33. Dr Greentree believes that physicians can easily

- A. Forget about the physical side effects of immunotherapy
- B. Underestimate the effects of the disease on one's mental health
- C. Provide aggressive treatments when the disease is diagnosed early

34. Which of the following is the silent burden mentioned by Dr Greentree?

- A. Financial burden
- B. Physical burden
- C. Psychological burden

35. In a study regarding a multidisciplinary treatment plan mentioned by Dr Greentree, forty-five percent of patients

- A. Worked directly with a social worker
- B. Preferred working with a comprehensive team of physicians
- C. Presented decreased levels of stress

36. Dr Greentree is currently participating in research regarding

- A. The contribution of multidisciplinary care on family members of patients
- B. The role of stress on patient recovery
- C. Which medical specialty is best for managing psychological care of cancer patients

Extract 2: Questions 37 to 42

You hear a researcher giving a lecture about recent topics in paediatrics. You now have 90 seconds to read questions 37 to 42.

37. What is the speaker's preferred method of treatment for tinea capitis?

- A. A mix of both systemic and topical treatments
- B. Systemic treatments
- C. Topical treatments

38. The speaker states that almost fifteen percent of survey respondents

- A. Would not prescribe ketoconazole shampoo at any stage of a fungal infection
- B. Would not prescribe ketoconazole shampoo before diagnosing a fungal infection
- C. Would prescribe ketoconazole shampoo after diagnosing a fungal infection

39. What does the speaker plan to compare with physicians in Western Europe?

- A. Views on the prescription of new antifungal medications to paediatric patients
- B. Reactions of paediatric patients to new antifungal medications
- C. The reasons behind a divide in opinion in prescribing new antifungal medications to paediatric patients

40. According to the speaker, which percentage of children under five years of age in North America present symptoms of eosinophilic esophagitis?

- A. One in five
- B. Two thirds
- C. One third

41. Which connection does the speaker make between food allergies and eosinophilic esophagitis?

- A. Certain food allergies are increasing in areas with growing numbers of eosinophilic esophagitis.
- B. The allergies are not as prevalent in dry and cold climates.
- C. The allergies related to milk, wheat and eggs do not have much of an effect on eosinophilic esophagitis.

42. According to the speaker, patients who underwent allergy testing-directed food elimination

- A. Did not notice any major differences
- B. Presented fifty percent remission rates after undergoing skin allergy tests
- C. Presented fifty percent remission rates compared to patients using only skin allergy tests