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OET Physiotherapy Case Notes by **Benchmark**

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*Urgent package also includes **1 Bonus OET Test**

(with sample answers but no additional writing correction or speaking evaluation.)

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Benchmark Physio Referral Case Notes – Greta Smith (Mrs)

Benchmark OET Writing Correction Service

WRITING SUB-TEST: PHYSIOTHERAPY
TIME ALLOWED: READING TIME: 5 MINUTES
WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 24 April 2024.

You are a physiotherapist at ProHealth Clinic Services. Greta Smith visited you for a consultation for pain in her right wrist.

PATIENT DETAILS

Patient Name: Greta Smith (Mrs)

DOB: 18 Mar 1994 (30 yrs old)

Social Background:

- Lives with husband
- Works as art instructor - paints for ~10 hrs qd (up to 3-4 hours continuously)
- Likes to jog every morning (~45 mins qd)

Past Medical History: PCOS (2022)

Family History:

- Rheumatoid arthritis, type 2 diabetes, hypertension - father
- Asthma – mother

Today's presenting complaint(s):

- Deep, nagging pain (PS 7/10) on radial side of R wrist
- Tenderness base of R thumb
- 7 weeks ago, had discomfort on R wrist when painting - started taking lengthy breaks (~3 hrs)
- The discomfort progressed to pain which ↑ gradually
- ↑ pain (PS 7/10) on radial side of R wrist with tenderness on the base of her
- R thumb for two days
- Pain affecting her work - afraid to take pain relievers (Pt one month pregnant)

Agg. Factor: Movements (PS 9/10)

OET Writing Correction Service

Getting Grade B made easy!

Benchmark's OET Writing Correction Service is run by a team of ESL teachers with medical background and extensive OET training experience, especially in the writing sub-test.

Popular Packages	Urgent Quick Return \$40	Regular Super Value \$40
	4 letters	8 letters
You can send	4 letters	8 letters
Time to get the letter back <i>(we're open 365 days a year)</i>	1 day	3 days
Proofreading	✓	✓
Grammatical mistakes	✓	✓
Paragraph structure	✓	✓
Estimated grade	✓	✓
Recommendations	✓	✓
Send letter in MS Word or text files	✓	✓
Send scanned/image file*	✓	✗
Ask for clarification regarding corrected letters	✓	✓
Speaking Mock Test (\$5 Discount)**	✓	✗
Full OET Test***	✓	✗
	Buy Now	Buy Now

*Handwritten/Scanned letters may take additional 24 hours to return.

*Letters submitted on Saturday and Sunday may take a few additional hours to return.

**More about Speaking Mock Test service here

***Full OET Test includes Listening (Part A, B & C), Reading (Part A, B & C), Writing Case Notes and Speaking Role Play materials.

Easing Factor: Nothing specified

Objective Exam:

ROM:

- Lacks full motion (flexion and extension) on R wrist & thumb
- Lacks full motion (radial deviation) on R wrist
- Pain ↑ (PS 9/10) upon passive stretching of R wrist & thumb flexion & extension

Palpation: Tenderness & swelling on R first dorsal compartment

Joint Integrity: All elbow, wrist, and metacarpophalangeal joints - NAD

Special Test:

- +ve Finkelstein's Test
- -ve Tinel's Sign

Impression: ? de Quervain Tenosynovitis

Actions Plan:

- Wrist brace to keep R wrist
- Avoid repetitive thumb movements
- Home exercise program (range of motion exercises) until tolerance
- Referral to orthopedist for further investigation and definitive diagnosis - OBGYN opinion required while planning treatment

Writing Task

Using the information in the case notes, write a letter of referral to Mr. Eduardo, an ophthalmologist in Treater Hospital, Carlton Street, Michigan for further management of the patient.

In your answer

- DO NOT use note form in the letter.
- Expand the case notes where relevant into full sentences.
- Use formal letter format.

The main part of the letter should be approximately 180-200 words long.

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OET Writing Correction - Bulk Rates

	Type	Number of Tasks	Full price per package (USD)	Discount	Bulk price per pack (USD)	Bulk price per package (USD)	You save (USD)	Click here to order
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Regular	30	5	150	20%	4	120	30	Buy Now
Regular	50	5	250	25%	3.75	187.5	62.5	Buy Now

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Urgent	30	10	300	20%	8	240	60	Buy Now
Urgent	50	10	500	25%	7.5	375	125	Buy Now

Click **Buy Now** in the table to purchase a package.

1. The package will remain valid for 1 year from the date of purchase.
2. Regular letters will be returned within 3 days of submission.
3. Urgent letters will be returned within 24 hours of submission. (For scanned/handwritten letters, time will be 48 hours.)

OET Course

For Doctors, Nurses, and Pharmacists

Comprehensive OET Preparation
Affordable
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Full-Length OET Practice Tests
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	Essentials 3 months \$79	Pro 4 months \$99	Pro Max 9 months \$219
Full tests - Listening/Reading with answers, Writing case notes with sample letters, and Speaking role plays with sample recordings	20 full tests	20 full tests	20 full tests
Basic tips and tricks	✓	✓	✓
Grammar lessons on writing and speaking	✓	✓	✓
Email support	✓	✓	✓
Urgent letter corrections	✗	4 letters	20 letters
Speaking mock test(s)	✗	1	2 (with recording)
25 Advanced lessons (videos)	✗	✓	✓
Ebooks (Listening, Reading, Writing, and Speaking)	✗	✓	✓
10 Reading vocabulary tests	✗	✓	✓
6 Writing knowledge tests	✗	✓	✓
10 Grade-A role play recordings	✗	✓	✓
10 Listening gap-fill practice tests	✗	✓	✓
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