

# OET Speaking Role-Play Card: Physiotherapy

## Physiotherapist's Role Play Card

Topic: Spinal Cord Injury

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| <b>SETTING</b>   | Inpatient rehabilitation unit                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>THERAPIST</b> | You are meeting the partner of a 26-year-old inpatient recently diagnosed with a T4 spinal cord injury resulting from a sports injury. The patient has been referred to physiotherapy for early rehabilitation. This is your first session with the patient, and the partner has requested to meet with you beforehand. The partner appears anxious.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>TASKS</b>     | <p>[ ] Find out how the patient has been coping with the diagnosis and what they know about it (e.g., what happened, its implications and likely consequences).</p> <p>[ ] Evaluate the patient's general well-being through the partner's observations (e.g., cognition and functional ability).</p> <p>[ ] Explain the changes associated with spinal cord injury (e.g., mobility, independence, sexual function and fertility).</p> <p>[ ] Introduce couples counselling to help them deal with the recent changes in their relationship.</p> <p>[ ] Highlight the rehabilitation goals and explain how the partner can participate in the process (e.g., repositioning, environmental modifications and exercises). Discuss the course of the treatment plan (e.g., initial exercises, progression and transition to outpatient care).</p> |

## Practise your OET Speaking role-play with Benchmark

Use these cards for a timed five-minute role-play. When you are ready for examiner-style feedback, book Speaking mock practice and review the skills that affect your score.

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| <b>OET Speaking mock test</b> | Practise realistic role-plays with feedback on fluency, intelligibility, relationship building and clinical communication.<br><a href="https://edubenchmark.com/oet-speaking-practice">edubenchmark.com/oet-speaking-practice</a> |
| <b>OET online course</b>      | Structured preparation for Reading, Listening, Writing and Speaking, with timed practice for paper, computer and OET@Home candidates.<br><a href="https://edubenchmark.com/course/oet">edubenchmark.com/course/oet</a>            |
| <b>OET mock tests</b>         | Use full mock tests to check whether timing and concentration hold across the complete exam.<br><a href="https://edubenchmark.com/course/oet-mock-tests">edubenchmark.com/course/oet-mock-tests</a>                               |
| <b>OET Writing correction</b> | Get profession-specific letter feedback with clear comments on purpose, content, organization, language and tone.<br><a href="https://edubenchmark.com/oet-writing-correction">edubenchmark.com/oet-writing-correction</a>        |

**Speaking mock practice:** [edubenchmark.com/oet-speaking-practice](https://edubenchmark.com/oet-speaking-practice)

# OET Speaking Role-Play Card: Physiotherapy

## Partner's Role Play Card

Topic: Spinal Cord Injury

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| <b>SETTING</b> | Inpatient rehabilitation unit                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>PARTNER</b> | You are the partner of a 26-year-old inpatient who was recently diagnosed with a T4 spinal cord injury due to a sports injury. The patient was referred to physiotherapy for early rehabilitation. You have asked to meet with the physiotherapist today because you have many questions and feel anxious about the future.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>TASKS</b>   | <p>[ ] When asked, say that your partner is emotional and in denial about the diagnosis. Your partner understands that they may not walk again but still seems to hold on to the hope of a quick recovery.</p> <p>[ ] When asked about your partner's condition, mention that their upper body remains strong because they are an athlete. No significant changes have occurred apart from the paralysis, although you have noticed some instability when they try to sit upright.</p> <p>[ ] Share that you recently got married and had planned to have a child next year. Ask whether this goal is still achievable.</p> <p>[ ] Express your own feelings of denial and the difficulty of accepting your partner's current condition because you are newly married and had many plans for the future. Mention that you feel unprepared for this level of responsibility.</p> <p>[ ] Ask about the treatment goals and how you can assist with the rehabilitation process.</p> |